PLAY RESPONSIBLY

It only takes one ticket to win.

TEXAS LOTTERY

Texas Lottery® games are designed to be entertainment and we encourage our customers to play responsibly. Our core values support educating our players, retailers and general public about responsible gambling.

For some people gambling can become a problem. As a public service, we provide the resources below to help you have the conversation with someone who shows signs of problem gambling behavior.

National Council on Problem Gambling
ncpgambling.org
24-Hour Confidential Helpline
Call or text 800-522-4700

Gam - Anon
for family and friends of compulsive gamblers
gam-anon.org

Gamblers Anonymous
gamblersanonymous.org

Austin	512-860-2958
Dallas	214-675-0939
Fort Worth	817-371-0624
Houston	855-442-7105
San Antonio	210-705-4429

Texas Lottery Commission
texaslottery.com/social_responsibility
800-375-6886

WHAT ARE SOME SIGNS OF PROBLEM GAMBLING?

- ☐ Preoccupation with gambling and ways to get money to gamble.

- ☐ Gambles with increasing money to get the same feeling of excitement.

- ☐ Feels restless or irritable when trying to stop or control gambling.

- ☐ Has tried unsuccessfully to stop or control gambling 3 or more times.

- ☐ Gambles to escape personal problems or uncomfortable feelings.

- ☐ Returns to gambling to win back gambling losses.

- ☐ Lies to others about gambling frequency or losses.

- ☐ Has written a bad check or stolen money to pay for gambling.

- ☐ Gambling has caused problems in relationships or at work or school.

- ☐ Has borrowed money to finance gambling debt or activity.

If you or someone you know checked one or more of these behaviors, help and hope are available. See listed resources.

24/7 Helpline: Call or text 800-522-4700

The Texas Lottery Commission is a member of the National Council on Problem Gambling, the North American Association of State and Provincial Lotteries and the World Lottery Association and actively supports the problem gambling initiatives of these organizations.

Must be 18 or older to purchase a ticket.

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